

# WHAT KIND OF PARENTS ARE LIKELY TO PASS ON HIV TO THEIR BABIES?

## THOSE WHO HAVE NOT TESTED FOR HIV

**TEST TOGETHER. EFFECTIVE ARV TREATMENT IS AVAILABLE TO PROTECT YOUR BABY**



# Stand Out, Participate, Protect

**YOU CAN HAVE AN HIV-FREE BABY.**

**THIS IS HOW:**

- » Protect your partner from HIV
- » Test for HIV as a couple, especially if you are pregnant.
- » If you are HIV positive, follow the Doctor's instructions on taking your ARVs every day
- » Attend antenatal care
- » Deliver your baby at a health facility
- » Breastfeed exclusively for 6 months and keep taking ARVs every day.
- » If you test HIV negative, stay HIV negative

